



SOFT KIDS KITS

**IT'S BACK TO
SCHOOL TIME**

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Hello kids, it's almost back to school!
It's always a stressful time
that we look forward to,
Will we be in the same class as our
friends?
Have we bought all the school
supplies?
A little Back to School Kit is waiting
for you with quizzes
and tips to ensure a great back to
school experience!



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GIVE CHILDREN EVERY CHANCE TO SUCCEED!



**My little first graders,
You are entering the big league!
Don't panic, there are plenty of
tips to help you start the new
school year in style.**

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**Are you stressed about entering the
first grade?**

☐

YES

☐

NO

WHY ?

.....

.....

Are you happy?

☐

YES

☐

NO



First of all know that it is normal that you feel all these emotions inside you, but don't worry we have some tips to overcome this ordeal! Here they are.....



You will be able to read and you can read stories to your parents!

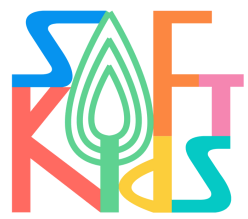
You can tidy up your desk and have a pen and pencil cup on the desk to hold a nice notebook. Go to bed early so you are not tired for school, don't use the screen at night, it's not good for your little eyes.



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GIVE CHILDREN EVERY CHANCE TO SUCCEED!



**Are you ready for the start of the
2021/2022 school year?**

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Have you bought all your school supplies?

☐ **YES**

☐ **NO**

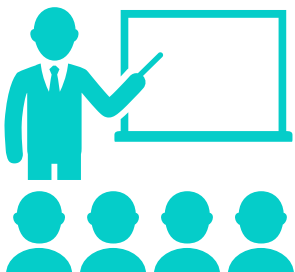
**Do you prepare your schoolbag at night or in the
morning?**

☐ **NIGHT**

☐ **MORNING**

What is your favourite subject?

.....



LITTLE TIPS AND TRICKS!

It is important to have all your supplies in order to be well organised, especially to have a diary that you like to write down your homework!

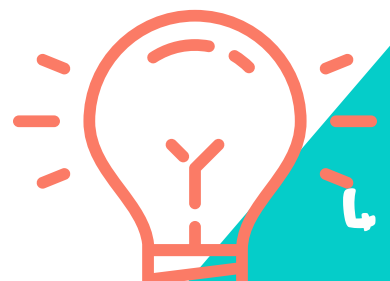
I advise you to prepare your schoolbag in the evening so that you don't forget anything and don't run out of time in the morning.

(I advise you to do the same thing for your clothes, you will have more time for your breakfast if everything is prepared in advance!

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GIVE CHILDREN EVERY CHANCE TO SUCCEED!



**CM2 you are going to become
bème, a very important passage for
you, the beginning of the college...**

Are you stressed?

☐

YES

☐

NO



**Do you have any friends who go to the same
school as you?**

☐

YES

☐

NO

How are you doing at school?

.....

Download for free here



GIVE CHILDREN EVERY CHANCE TO SUCCEED!

Don't worry, I'll give you a few tips to make this year a success.

First of all, you're not a little kid anymore, you'll have to be more and more autonomous, whether it's to go to school by yourself, or to do your homework, to bring back the right notebooks from school... I advise you to learn your lessons very well, your teacher will be able to give you surprise questions!

Your behaviour has to be perfect, you risk warnings or even detention, it's not very funny to go out after all your friends because you are punished!

I'm sure you'll apply all the advice and have a great year!

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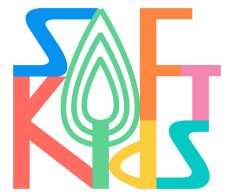


GIVE CHILDREN EVERY CHANCE TO SUCCEED!





Time to go to sleep



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What time do you go to bed?

.....

What time do you wake up?

.....

Are you tired when you wake up in the morning?

☐

YES

☐

NO



Tips for a good night's sleep and a good day the next day



Sleep is a very precious moment to enjoy your day the next day!

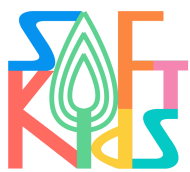
First of all, if you answered yes to the last question, go to bed earlier!

I advise you to prepare all your things the night before, so you can sleep a little longer and be in good shape for your day!

Before going to sleep, don't play any games that might excite you, but rather a quiet game or read a book. Don't use the screen and have sweet dreams

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Moment Soft Kids

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How many times a week do you go to Soft Kids

☐

Every day

☐

**Between 3 and 5
times a week?**

☐

1 time per week

☐

Others?

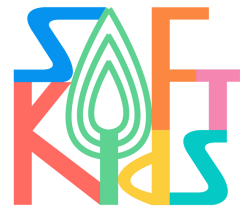
What do you like best about Soft Kids?

.....



GIVE CHILDREN EVERY CHANCE TO SUCCEED!

**Will you recommend Soft Kids to
your school friends?**

☐

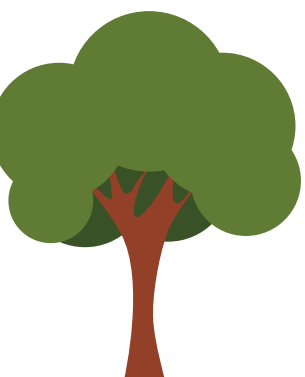
YES

☐

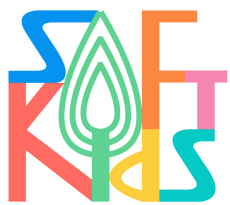
NO

**Spending a moment a day on Soft Kids
is a great idea for you, it allows you to
cultivate your soft skills and therefore
make progress in certain areas. I
suppose you like screens? So you can be
on the tablet at some point during the
day and above all you need to grow your
tree!**

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GIVE CHILDREN EVERY CHANCE TO SUCCEED!



Food

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What do you have for breakfast?

.....

What is your snack?

.....

Nutrition is very important for everyone, but especially for you children!

You should have between 1 and 3 snacks a day, such as a snack. You need to eat a little bit of everything so that you are healthy, full of energy and focused during school!





Work Plan

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Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**Extra-curricular
activities**

**Extra-curricular
activities**

**Extra-curricular
activities + Week-end
organisation**

