



HELP YOUR KIDS MANAGE THEIR EMOTIONS!

THE CHALLENGE OF THE WEEK

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PRÉNOM:

DATE:

My week in Emotions

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Fill in the calendar below to get an overview of your emotions for the week

<div>MONDAY</div> <div>Today, I feel:</div> <div></div> <div>WHY ?</div> <div></div> <div></div>	<div>TUESDAY</div> <div>Today, I feel:</div> <div></div> <div>WHY ?</div> <div></div> <div></div>	<div>WEDNESDAY</div> <div>Today, I feel:</div> <div></div> <div>WHY ?</div> <div></div> <div></div>	<div>THURSDAY</div> <div>Today, I feel:</div> <div></div> <div>WHY ?</div> <div></div> <div></div>
<div>FRIDAY</div> <div>Today, I feel:</div> <div></div> <div>WHY ?</div> <div></div> <div></div>	<div>SATURDAY</div> <div>Today, I feel:</div> <div></div> <div>WHY ?</div> <div></div> <div></div>	<div>FRIDAY</div> <div>Today, I feel:</div> <div></div> <div>WHY ?</div> <div></div> <div></div>	

EMOTIONS	Joy Happy, glad, optimistic	Fear Panicked, scared, apprehension	Sadness Alone, downcast, rejected	Rage Annoyed, frustrated, angry
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THE LIST OF THE WEEK

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What I can feel...

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The surprise

Doubt

Fear

Trust

Love

Sadness

Happiness

Tiredness

Anxiety

Boredom

Depression

Unhappiness

Pride

Anger

Joy

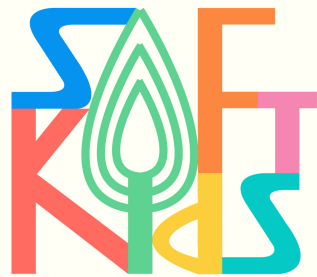
Shame

Disgust

Serenity



GIVE CHILDREN EVERY CHANCE TO SUCCEED!



HELP YOUR KIDS MANAGE THEIR EMOTIONS!

THE ACTIVITY OF THE WEEK

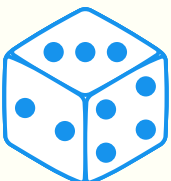
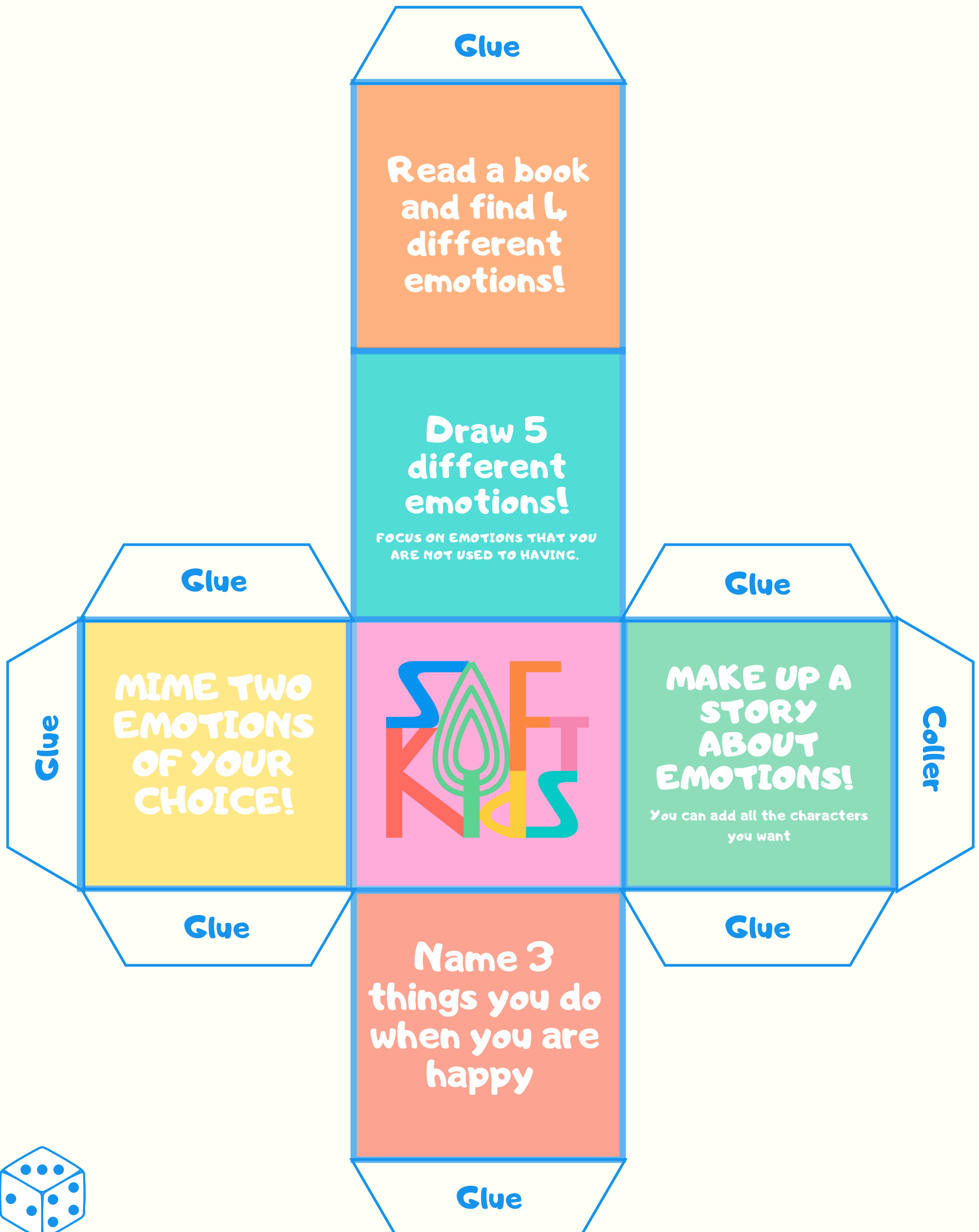
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The challenge of emotions

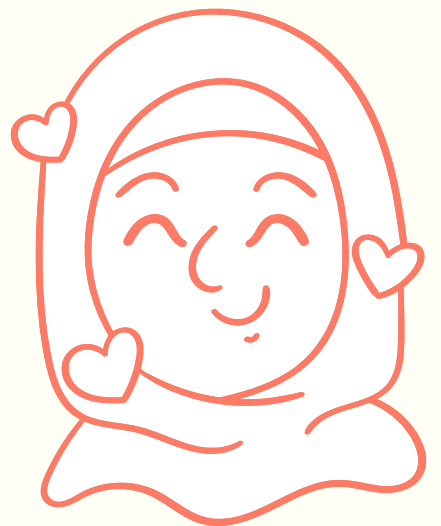
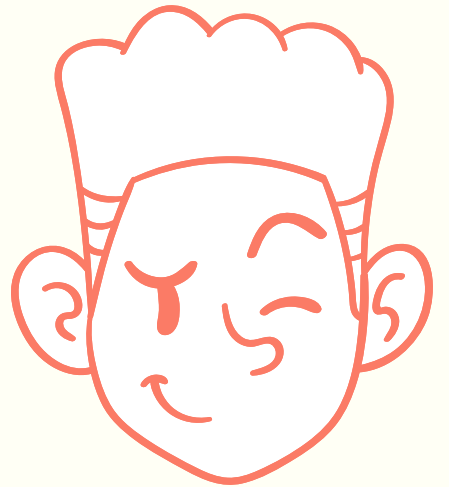
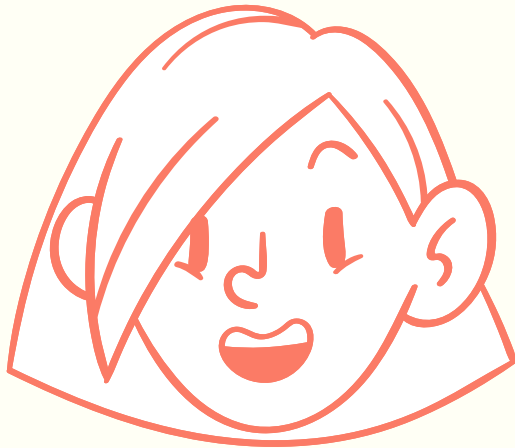
Cut out and shape the dice to complete the challenges!

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EMOTIONS !

Coloring



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GIVE CHILDREN EVERY CHANCE TO SUCCEED!