

SENSITIZE YOUR KIDS TO RESPECT THE ENVIRONMENT

THE CHALLENGE OF THE WEEK

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CHALLENGE FOR THE PLANET



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MONDAY

**COLLECTS 20 PIECES OF
WASTE IN THE STREET, AT
THE SEA, IN THE FOREST,
DURING A WALK....**



TUESDAY

**MAKE YOUR OWN SOAP
HOMEMADE
WITH THE HELP OF AN
ADULT**

WEDNESDAY

**HAVE FUN
SORTING AND
RECYCLING THE WASTE
YOU COLLECT**

THURSDAY

**MAKE A TOY WITH
RECYCLED MATERIALS
(cardboard, corks etc...)**

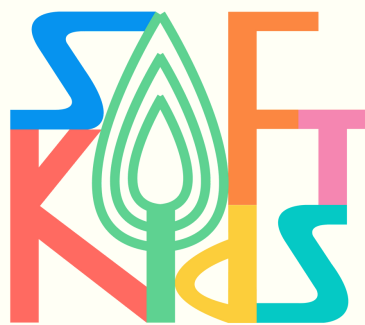
FRIDAY

**PLACE BASINS OUTSIDE
TO COLLECT
RAINWATER AND
WATER THE PLANTS**

SATURDAY

**STARTING A VEGETABLE
GARDEN
TOMATOES
BASILICS
STRAWBERRIES**





SENSITIZE YOUR KIDS TO RESPECT THE ENVIRONMENT

THE LIST OF THE WEEK

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OUR PROPOSALS TO SEE/ TO READ

MOVIES

☐

WALL-E
(DISNEY PIXAR)

☐

A BEAUTIFUL PLANET

☐

FINDING DORY
(DISNEY PIXAR)

☐

ESPERO
(SIMONE GIAMPAOLO)

BOOKS

☐

**HERE WE ARE : NOTES FO LIVING
ON PLANET EARTH**
(O. JEFFERS)

☐

COMPOST STEW
(M. MCKENNA SIDDDALS)

☐

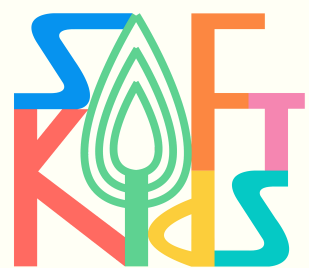
TOUCHE THE EARTH
(J. LENNON)

☐

MISS MAPLE'S SEEDS
E. WHEELER

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OUR PROPOSALS TO PLAY

TOYS

☐

**GREEN TOYS RECYCLING
TRUCK**

☐

PLANTOYS WOODEN TOYS

☐

**HONEYSTICKS BEESWAX
CRAYONS**

☐

**LM RECYCLED PAPER
BEADS KIT**

☐

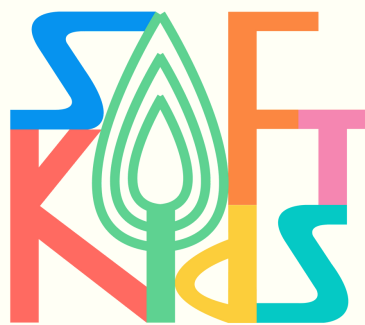
**ECOLOGIC PUZZLES FROM
ADVENTERRA GAMES**

☐

ENVIROTOY PLASTIC FREE TOYS

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SENSITIZE YOUR KIDS TO RESPECT THE ENVIRONMENT

THE ACTIVITY OF THE WEEK

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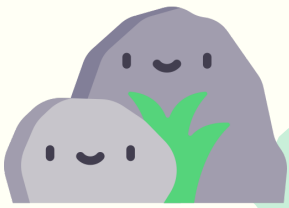


NATURE TREASURE HUNT

List of things to find in the countryside!

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A STONE



A LEAF



FOAM



AN INSECT



A CHESTNUT



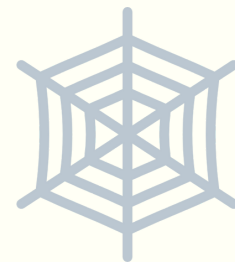
A MUSHROOM



A TREE BARK



A SPIDER'S WEB



A FERN



A FLOWER



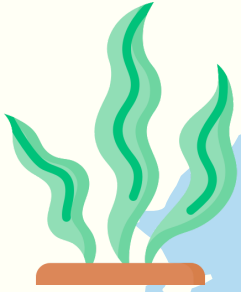
NATURE TREASURE HUNT

List of things to find at sea!



[Download for free here](#)

AN ALGAE



A SHELLFISH



A PIECE OF WOOD



A PEBBLE



SOME SAND



A WASTE



A PIECE OF POLISHED GLASS



A CRUSTACEAN



A YELLOW SHELLFISH

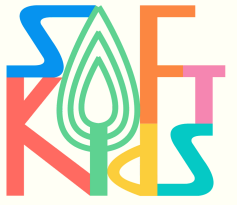


A STONE THAT SHINES



GIVE CHILDREN EVERY CHANCE TO SUCCEED!

RECIPE FOR HOMEMADE SOAP



(Part I)

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Ingredients:

- 28 g castor oil
- 170 g coconut oil
- 737 g olive oil
- 283 g water
- 124 g caustic soda

Preparation:

- Weigh and melt the coconut oil in a water bath. Once the solid oil has melted, add the olive and castor oil to the container. The mixture should be between 37 and 46°C.

- Weigh the water and pour it into a bowl.

- Then pour in the soda slowly. Mix well with a spatula.

When the soda is dissolved and the water is translucent again, wait for the mixture to cool to between 37 and 46°C.

You can leave the mixture outside to avoid fumes. Note that the temperature difference between the oils and the mixture of caustic soda and water should not exceed 10°C.



RECIPE FOR HOMEMADE SOAP

(Part 2)



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– **Slowly pour the soda mixed with water into the oils, mixing vigorously with a spatula. Then mix with a blender.**

Blend until a "trace" appears. The streak is a very important moment because it indicates that the soap is starting to solidify.

When you drip a little bit of the paste, it leaves a trace in the bowl: the mixture is not as liquid as before and seems to thicken.

Do not stop mixing until this "trace" is visible. It takes a few minutes, sometimes less.

– **Then pour the homogeneous dough into the chosen moulds and leave to rest for 24 to 48 hours.**

– **After the resting time, remove your soaps from the moulds with gloves. Let them dry for at least 4 weeks.**

